

# Healthy Grace

## 1 Corinthians 10 – A Higher Calling

1 Corinthians 10:1-13 For I do not want you to be ignorant of the fact, brothers and sisters, that our ancestors were all under the cloud and that they all passed through the sea. <sup>2</sup> They were all baptized into Moses in the cloud and in the sea. <sup>3</sup> They all ate the same spiritual food <sup>4</sup> and drank the same spiritual drink; for they drank from the spiritual rock that accompanied them, and that rock was Christ. <sup>5</sup> Nevertheless, God was not pleased with most of them; their bodies were scattered in the wilderness.

<sup>6</sup> Now these things occurred as examples to keep us from setting our hearts on evil things as they did. <sup>7</sup> Do not be idolaters, as some of them were; as it is written: “The people sat down to eat and drink and got up to indulge in revelry.” <sup>8</sup> We should not commit sexual immorality, as some of them did—and in one day twenty-three thousand of them died. <sup>9</sup> We should not test Christ, as some of them did—and were killed by snakes. <sup>10</sup> And do not grumble, as some of them did—and were killed by the destroying angel.

<sup>11</sup> These things happened to them as examples and were written down as warnings for us, on whom the culmination of the ages has come. <sup>12</sup> So, if you think you are standing firm, be careful that you don’t fall! <sup>13</sup> No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.

**Grace and \_\_\_\_\_ don’t mix.**

1 Corinthians 10:6 Now these things occurred as examples to keep us from setting our hearts on evil things as they did.

Grace gives you \_\_\_\_\_.

You still want to be careful not to \_\_\_\_\_.

But you shouldn’t be \_\_\_\_\_ about messing up.

1 Corinthians 10:12-13 So, if you think you are standing firm, be careful that you don’t fall! <sup>13</sup> No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it [or *stand up under it*]. NIV

**All that grace allows is \_\_\_\_\_.**

1 Corinthians 10:23 “I have the right to do anything,” you say—but not everything is beneficial. “I have the right to do anything”—but not everything is constructive.

**How to think about it:**

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If you strive to live for the \_\_\_\_\_ of \_\_\_\_\_, you are going to be in a great spot.

1 Corinthians 10:31 So whether you eat or drink or whatever you do, do it all for the glory of God.